

BIO-DATA

1. Name and full correspondence address : - PUSHKAR GAUR
ADD- 67, SHASTRI NAGAR NEAR KALI KI DHAL HARIDWAR
ROAD , RISHIKESH -(UK) 249202



2. E-mail and contact number(s) :- gaur.pushkar@gmail.com
MOB- 09410546949
3. Institution : M.B. GOVT. PG COLLEGE HALDWANI NAINITAL,
(UTTARAKHAND)
4. Date of Birth:- 27/12/1983

5. Academic Qualification (Undergraduate Onwards)

S. No.	Degree	Year	Subject	University/Institution	Division / Percentage
01.	B.SC.	2004	ZBC	GARHWAL UNIVERSITY	II
02.	B.P.Ed	2005	PHY.EDU.	GURUKUL KANGARI VISHWAVIDHYALAYA	I
03.	P.G.DIP.IN YOGA	2006	YOGA	GRAHWAL UNIVERSITY	I
04.	M.P.Ed	2008	PHY.EDU.	LUCKNOW UNIVERSITY	I

6. Work experience (in descending order starting from 2018)

S. No.	Positions held	Name of the Institute	From	To	Pay Scale
01.	ASST.PROF.	M.B.GOV.T.PG COLLEGE HALDWANI	31/08/2016	TILL NOW	6000/-

07. Publications (List of papers published in Journals in descending order starting from 2018):

S. No.	Author(s)	Research paper Title	Name of Journal	Volume	Page	Year with ISSN
01.	PUSHKAR GAUR	THE EFFECT OF SPORTS VIRTUAL REALITY TRAINING FOR IMPROVING HUMAN HEALTH	O.I.I.R.J	09	106- 112	2019 2249-9598

08. Published Books/Reports/Chapters/Articles etc.(Article published in ISBN only)

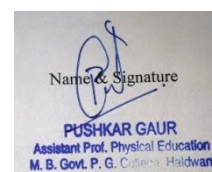
S. No.	Chapter Title	Book Title	Author's Name	Publisher	Year with ISBN
01.	ISSUES AND CHALLENGES IN SPORTS BIO-MECHANICS	PERSPECTIVE IN PHYSICAL EDUCATION	PUSHKAR GAUR	AKINIK PUBLICATION	2019 (978-93-5335-079-6)

09. Details of Seminar/Conference/Workshop/Orientation/Refresher Courses:

S. No.	Title	Dates	Organizing Institute
01.	CHOICE BASED CREDIT SYSTEM	08/03/2017	DOON UNIVERSITY , DEHRADUN
02.	NAAC PROCESS OF ACCREDITATION	19/12/2018	M.B.GOV.T. PG COLLEGE, HALDWANI,NAINITAL

Date-03/01/2019

Place- Haldwani



Name & Signature
PUSHKAR GAUR
 Assistant Prof. Physical Education
 M. B. Govt. P. G. College, Haldwani

Name & Signature